

BEAUTY BY DL

SKIN NOURISH

ENHANCES RADIANCE, MOISTURE & ELASTICITY[‡]

CO-FORMULATED BY SHELENA LALJI, M.D.⁺

SKIN NOURISH contains a skin nutrient blend with polyphenolic compounds in combination with ceramides to support healthy skin and appearance.[‡]



IMPROVES the appearance of wrinkles[‡]



ENHANCES skin hydration and elasticity[‡]



SUPPORTS collagen formation[‡]

SKINAX^{2™}, A CLINICALLY STUDIED COMBINATION OF GRAPE SEED EXTRACT, SUPEROXIDE DISMUTASE (SOD) FROM MELON, VITAMIN C, FLAVANOLS AND ZINC, WAS SHOWN TO **ENHANCE SKIN LUMINOSITY AND FIRMNESS** AFTER EIGHT WEEKS OF SUPPLEMENTATION.[‡]



INGREDIENT RESEARCH

Skin elasticity, luminosity, and moisture are contributing factors to skin radiance. As we age, the skin undergoes morphological, structural and functional changes that affect these factors, including a reduction in collagen and elastin fibers, which leads to the formation of lines and wrinkles.

- **SkinAx^{2™}** is a specialized nutrient blend of the following clinically studied ingredients containing polyphenolic compounds to promote skin radiance by supporting healthy skin complexion, elasticity and facial luminosity.[‡]
- **Grape seed extract** provides a unique profile of proanthocyanidins and other polyphenols that support healthy cells and blood microcirculation, which play a role in skin complexion and appearance.[‡]
- **Superoxide dismutase (SOD)** is an antioxidant provided by the melon fruit that has been shown to increase endogenous antioxidant enzymes and break down free radicals.[‡]
- **Vitamin C** is a known antioxidant that quenches free radicals to help protect the skin's lipids. Supplementation with vitamin C has been shown to support collagen synthesis while also providing antioxidant protection.[‡]

(CONTINUED ON BACK)

⁺Dr. Shelena Lalji is a retained advisor to Douglas Laboratories.

THERE'S SCIENCE IN BEAUTY™

[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DOUGLAS LABORATORIES

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INGREDIENT RESEARCH (CONTINUED)

- **Flavanols** are a group of bioactive compounds that work synergistically with Vitamin C for greater antioxidant activity. Flavanol supplementation has demonstrated positive effects on facial wrinkles and elasticity.[‡]
- **Zinc** is a vital trace mineral that also possesses antioxidant function, promotes skin barrier function against oxidative stress, and plays a role in skin health through cell division and DNA repair.[‡]
- **Ceramides** account for 40% of skin intracellular lipids, a key factor for maintaining skin barrier function. When ceramides are lacking, water is lost through the epidermis layer, resulting in the appearance of skin dryness, wrinkles, and skin aging. Glucosylceramides have been clinically shown to moderate wrinkles and promote skin hydration, elasticity, and smoothness.[‡]
- **Bamboo** may provide support against oxidative stress from environmental stressors that contribute to skin aging.[‡]

PRODUCT DETAILS

SUGGESTED USAGE: 1 DAILY PL

Serving Size 1 Vegetarian Capsule

Servings Per Container 30

Amount Per Serving	
Vitamin C (as ascorbic acid)	12 mg
Zinc (as zinc citrate)	4 mg
SkinAx ^{2™} Blend Providing:	
Polyphenols (from grape seed extract (<i>Vitis vinifera</i> L.))	105 mg
Total Flavanols Monomers	42 mg
Total Flavanols Oligomers	12 mg
Superoxide Dismutase (SOD) [coated dried melon concentrate (<i>Cucumis melo</i> L.)]	31.5 IU
Bamboo (<i>Bambusa vulgaris</i>) (Whole plant providing 50% silica)	100 mg
Ceramosides™ Ceramide Wheat Seed Extract (<i>Triticum vulgare</i>) (standardized to 50% glucosylceramides, 40% digalactosyl diglyceride [DGDG])	30 mg

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule), silica, ascorbyl palmitate, vegetable stearate and coating ingredients (ethylcellulose and palm oil)

Formula	Size
202269	30 Vegetarian Capsules

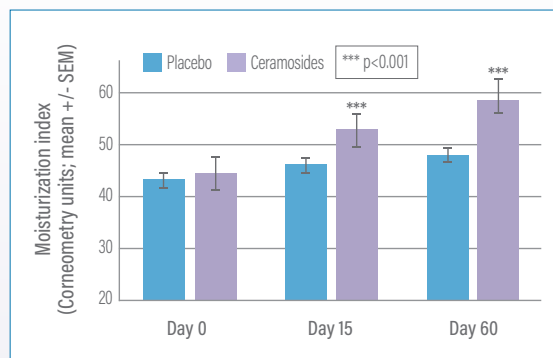
SkinAx^{2™} is a trademark of Activ' Inside.

Ceramosides™ is a trademark of EPI France.

PL Denotes private label-eligible formula

THE SCIENCE IN BEAUTY

SKIN MOISTURE WITH CERAMOSIDES™ SUPPLEMENTATION[‡]



Lipids called ceramides are the major constituents between the skin's layers that hold in moisture. Derived from wheat seed oil, Ceramosides™ phytoceramides have been shown to help support skin moisture 15 days after being taken orally compared to placebo, $p < 0.001$. Improvements in skin hydration increased after 60 days of supplementation, $p < 0.001$.[‡]

Bizot V, Cestone E, Michelotti A, Nobile V. *Cosmetics*. 2017;4(37).

IN CLINICAL STUDIES, INDIVIDUALS WHO SUPPLEMENTED WITH PLANT-DERIVED GLUCOSYLCERAMIDES HAD ENHANCED LEVELS OF CERAMIDES, ALONG WITH IMPROVED SKIN MOISTURE RETENTION AND SKIN BARRIER FUNCTION.[‡]

FOR ADDITIONAL SKIN SUPPORT, CONSIDER TAKING IN COMBINATION WITH HYDROLYZED COLLAGEN+ AND SKIN PROBIOTIC+[‡]