

## ThyroMend™ Hormone Specific Formulation™

### DESCRIPTION

ThyroMend™, provided by Douglas Laboratories®, is a formula of iodine containing seaweed and herbs which contain phytothyroidogenic properties, as well as phyto-thyroid-receptor agonists. This formulation is designed to promote optimal function of thyroid hormones by maintaining the health of thyroid hormone producing tissues and by supporting the healthy function of tissues that respond to thyroid hormones.‡

ThyroMend™ is a *Hormone Specific Formulation™* formulated by Dr Joseph J Collins+, created to support the optimal function of specific hormones through the use of hormone specific adaptogens, hormone specific agonists and hormone specific functional mimetics. This formulation may be used as part of a hormone health program with dietary and nutrient support. In addition, this formulation may be used by clinicians to support optimal hormone health in patients.‡

### INDICATIONS

- Healthy thyroid function. ‡

### FUNCTIONS AND MECHANISM OF ACTION

The primary functions of ThyroMend™ are to support the natural production of thyroid hormones by the thyroid gland, and to support how tissues throughout the body respond to thyroid hormones.‡

- 1) Provide bio-available iodine for thyrocytes.
- 2) Supports T3 & T4 production and secretion from thyrocytes to convert thyroxine (T4) to the more bioactive triiodothyronine (T3) by liver cell and other peripheral cells ‡

By supporting thyroid functions, this synergistic formulation supports the health of tissues which respond to optimal thyroid health. This support can also help maintain ideal metabolic rate, healthy fatty acid and glucose metabolism, and support mood. ‡

### FORMULA (#202703)

Serving Size 2 Vegetarian Capsules

Iodine.....270 mcg

(from *Ascophyllum nodosum*)

A Phytocrine™ Proprietary Blend.....1,300 mg

*Ascophyllum nodosum* (entire plant), Standardized Guggulipid (*Commiphora mukul*, gum resin, 2.5% guggulsterones), Standardized Bacopa (*Bacopa monnieri*, aerial parts, 20% bacosides), Standardized Ashwagandha (*Withania somnifera*, root, 5% withanolides), Standardized Hops (*Humulus lupulus* aerial parts, 5% alpha bitter acid), *Coleus forskohlii* (root, standardized to 10% forskolin), Sage (*Salvia officinalis*, leaf), & Standardized Rosemary extract (*Rosmarinus officinalis*, aerial parts, 6% carnosic acid)

Other Ingredients: Hydroxypropyl methylcellulose (capsule), dicalcium phosphate, vegetable stearate, silica

Gluten-free, Non-GMO

### SUGGESTED USE

As a dietary supplement, adults may take 2 capsules daily or as directed by your healthcare professional.

### SIDE EFFECTS

WARNING: Keep out of reach of children. Not to be taken by pregnant or lactating women. If you have any health condition or taking medication, consult your health professional before use.

## ThyroMend™

Hormone Specific Formulation™

### STORAGE

For optimal storage conditions, store in a cool, dry place (59–77°F / 15-25°C)

### REFERENCES

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**For more information on ThyroMend™, visit [Douglaslabs.com](http://Douglaslabs.com)**

*Hormone Specific Formulation™* is a trademark of Your Hormones, Inc.

+Dr. Joseph Collins is a retained advisor to Douglas Laboratories.

‡ These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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