

Ginger Root Max-V

DESCRIPTION

Ginger Root Max-V, provided by Douglas Laboratories, supplies 350 mg of standardized ginger root in each vegetarian capsule.

FUNCTIONS

Ginger (*Zingiber officinale*) has been used in both Traditional Chinese Medicine (TCM) and Ayurvedic medicine for thousands of years and was known for its beneficial gastrointestinal effects. The dried rhizome of ginger contains volatile oils, which are the medically active constituents of ginger. They are also responsible for ginger's characteristic odor and taste. Ginger has also been studied for its supportive roles it may play in the cardiovascular system as well.

INDICATIONS

Ginger Root Max-V may be a useful dietary adjunct for individuals wishing to supplement with this well known herb for gastrointestinal support.

FORMULA (#201768)

1 Vegetarian Capsule Contains
Ginger Herbal Extract 350 mg
(*Zingiber officinale*, root, standardized to contain 5% gingerols)

Other ingredients: Hydroxypropyl methylcellulose, cellulose, vegetable stearate and silica.

SUGGESTED USE

Adults take 1 capsule twice daily between meals or as directed by your health care professional.

SIDE EFFECTS

No adverse side effects have been reported.

Caution: Consult your health care professional before using this product on a daily basis if you have ulcers or are pregnant or nursing.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

Bordia A, Verma SK, Srivastava KC. Effect of ginger (*Zingiber officinale* Rosc) and fenugreek (*Trigonella foenumgraecum* L) on blood lipids, blood sugar, and platelet aggregation in patients with coronary artery disease. *Prostaglandin Leukotrienes Essential Fatty Acids* 1997;56:379–84.

Careddu P. Motion sickness in children: Results of a double-blind study with ginger (Zintona®) and dimenhydrinate. *Healthnotes Rev Complementary Integrative Med* 1999;6:102–7.

Lumb AB. Effect of dried ginger on human platelet function. *Thromb Haemost* 1994;7:110–1.

For more information on Ginger Root Max-V visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
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Your patients trust you.**