

Methyl Folate

5-MTHF Metafolin®

Other ingredients: Cellulose, dicalcium phosphate, croscarmellose sodium, vegetable stearate and silica.

SUGGESTED USE

Adults take 1 tablet daily or as directed by a healthcare professional.

SIDE EFFECTS

Doses of 5 mg or higher per day can cause abdominal cramps, diarrhea, and rash.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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For more information on Methyl Folate, visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by
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Your patients trust you.**