

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, particularly blood thinners, consult your health professional before using this product. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of Lonza.

Ferronyl® is a registered trademark of Ashland Inc.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula #202663 V1

Ultra Preventive® III

Multivitamin/Mineral Formula

with Copper & Iron

Dietary Supplement

Daily wellness†



180 Tablets

Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A	7,500 mcg	833%	Magnesium [as magnesium citrate/ amino acid chelate complex]	350 mg	83%
(30% [2,250 mcg] as vitamin A acetate/ 70% [5,250 mcg] as beta-carotene)			Zinc [as OptiZinc® monomethionine]	25 mg	227%
Vitamin C (as ascorbic acid)	1,000 mg	1,111%	Selenium (as selenium krebs ^{††})	200 mcg	364%
Vitamin D ₃ (as cholecalciferol)	25 mcg (1,000 IU)	125%	Copper (as copper chelate)	2 mg	222%
Vitamin E	134 mg	893%	Manganese (as manganese sulfate)	3 mg	130%
(as d-alpha tocopherol succinate)			Chromium (as chromium polynicotinate)	200 mcg	571%
Thiamine [as thiamine HCl]	50 mg	4,167%	Molybdenum (as molybdenum krebs ^{††})	100 mcg	222%
Riboflavin	40 mg	3,077%	Potassium (as potassium chloride)	99 mg	2%
Niacin/Niacinamide	190 mg	1,188%	Betaine (as betaine HCl)	100 mg	*
Vitamin B ₆ (as pyridoxine HCl/ pyridoxal-5-phosphate complex)	50 mg	2,941%	Inositol	99 mg	*
Folate (as Metafolin®, L-5-MTHF)	1,333 mcg DFE (800 mcg L-5-MTHF)	333%	PABA (para-aminobenzoic acid)	50 mg	*
Vitamin B ₁₂ (as methylcobalamin/ hydroxycobalamin/ adenosylcobalamin)	180 mcg	7,500%	Boron (as boron citrate)	1.5 mg	*
Biotin	300 mcg	1,000%	Trace Elements (from seawater)	100 mcg	*
Pantothenic Acid (as d-calcium pantothenate)	100 mg	2,000%	Vanadium (as vanadium krebs ^{††})	50 mcg	*
Choline (from choline bitartrate)	100 mg	18%	Vitamin K ₂ (as menaquinone-7)	45 mcg	*
Calcium (as calcium citrate/ amino acid chelate complex)	350 mg	27%			
Iron (as Ferronyl®, carbonyl iron)	20 mg	111%			
Iodine (from potassium iodide)	200 mcg	133%			

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, coating [purified water, hypromellose, glycerin], ascorbyl palmitate and silica

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

*Daily Value (DV) not established