

IMMUNE

Developed with Dr. Julie Chen*

Protocol Objective:

To identify specific immune support needs throughout the year, including long and short-term immune health maintenance and support for the body's immune response to seasonal environmental changes.‡

CLINICAL OBJECTIVE†	PRODUCT RECOMMENDATIONS*	DOSING
Immune support during seasonal changes Support mast cell function and help modulate the release of immune mediators Support healthy nasal passages and respiratory function	SeasonALL™ Formula: 202126	1-3 capsules daily with food
	Querciplex Formula: 202635	2 capsules daily with food
	Wobenzym® Plus Formula: 201910	2 tablets twice daily without food
	Multi-Probiotic® Sinus Support† Formula: 202117	1-3 capsules daily with food
Daily immune support	C-D-Zinc Formula: 202644	1-2 capsules daily with food
	Immunity Formula: 202018	2 capsules daily with food
	Multi-Probiotic® (4 Billion, 15 Billion or 40 Billion) Formula: 202449, 202516, 202634	1-2 capsules daily
	Colostrum (100% Pure New Zealand) Formula: 202118, 57650P	2 capsules twice daily, or 1 teaspoon powder
Short-term immune support (3-7 days)	C-D-Zinc Formula: 202644	2 capsules daily with food
	Immunity Formula: 202018	4 capsules 1-2 times daily with food
	N-Acetyl-L-Cysteine (NAC) 750 mg Formula: 7430	1 capsule daily
	A.H.C.C. Plus Formula: 99275	2 capsules daily
Children's immune support	Vita-Kids Immune Liquid Formula: 99893	1 teaspoon daily
	Vitamin C Gummy Formula: 202674	2 gummies daily
	Vitamin D Gummy Formula: 202673	1 gummy daily with food
	Zinc Gummy Formula: 202675	1 gummy daily with food
	Multi-Probiotic® Kids Formula: 57648P	¼ - ½ teaspoon powder daily
	Colostrum (100% Pure New Zealand) Formula: 57650P	½ -1 teaspoon powder daily

*Please note that patients may not require all supplements listed.

†Dr. Julie Chen is a retained advisor to Douglas Laboratories.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at: douglaslabs.com/protocols