

BEAUTY BY DL

SUPPORT PROTOCOL[‡] CO-FORMULATED BY SHELENA LALJI, M.D.⁺

Protocol Objective: To provide essential nutrients and supplementation for healthy hair, skin and nails, and to help build confidence, from the inside out.[‡]

Clinical Objective	Assessment	Select from the following Recommendations*	Dosing
Foundational Health for Hair, Skin and Nails[‡]	Patient desires basic support for the strength, moisture, appearance and growth of hair, skin, and nails Dietary and/or lab assessment lacks vitamins, minerals, phytonutrients and fatty acids	Beauty Essentials	3 capsules daily with food
		Omega Beauty	2 softgels daily with food
		Ultra HNS (Hair, Nails, Skin Formula)	3 capsules daily
Hair Growth, Density and Thickness[‡]	Patient presents with thinning scalp hair, increased shedding, or poor hair quality	Hair Growth+	2 capsules daily
		Omega Beauty	2 softgels daily with food
Skin Radiance, Hydration and Elasticity[‡]	Patient presents with occasional dry skin, poor elasticity, fine lines, wrinkles, discolored pigment, or a dry, flaking scalp	Skin Nourish	1 capsule daily
		Skin Probiotic+	1 capsule daily
		Hydrolyzed Collagen+	2 scoops powder daily mixed in liquid of choice
Protection for Healthy Aging Skin[‡]	Patient presents with cellular skin changes and impact from environmental stress, such as dark spots, redness, poor texture and collagen degradation	Skin Probiotic+	1 capsule daily
Healthy Skin Complexion[‡]	Patient presents with skin blemishes, dull skin, increased shine, and pore dilation on face and body	Skin Clarify	2 capsules daily

*Please note that patients may not require all supplements listed.

⁺Dr. Shelena Lalji is a retained advisor to Douglas Laboratories.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

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[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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